

# Bikes in the Park



learn to cycle  
improve your confidence  
fix up your bike

kids + adults  
free lessons  
bikes provided



**Beginner children**

**Control & confidence for children**

**Beginner adults**

**Control & confidence for adults**

**Basic maintenance (punctures 'n stuff)**

**Sick bike? Bring it to Dr Bike**

Springfield

Sunday 20<sup>th</sup> & Monday 21<sup>st</sup> March

Hackney Downs

Thursday 24<sup>th</sup> March

Millfields

Friday 25<sup>th</sup> March



Sessions run at various times 11-3  
Sorry! we have to limit numbers, so please

**book in advance to avoid  
missing out**

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Run by  
STA Bikes,  
Hackney's  
home-  
grown  
school  
cycling  
project /  
Event  
funded by  
Millfields  
Park User  
Group and  
Hackney  
Council